



# Integrated Resilience Division

General Reporting  
Instructions

# Class Location:

Ira C. Eaker Center for Leadership Development  
Force Support Professional Development School  
50 S. Turner Blvd.  
Gunter Annex, Alabama, 36114



**\*Please note:** The following is general information. Full reporting instructions will be provided to registered students from the course director.

**MFSPDS01:  
Master Resilience Trainer Course  
Skilled Facilitator 101 Training**

**Course Overview:**



***FACILITATOR 101  
COURSE***

**EASE LEARNING TO  
ENABLE FLOURISHING!**

**ARE YOU A PART OF  
THE AIR & SPACE  
FORCE RESILIENCE  
EFFORTS AND EAGER  
TO SOAR TO NEW  
HEIGHTS WITH YOUR  
FACILITATION SKILLS?**

**WHY ATTEND OUR COURSE?**

- **Empower Through Education:** Unleash your potential to educate, motivate, and inspire.
- **Dynamic Learning Experience:** Engage interactively to gain practical skills for impactful facilitation.
- **Unlock Your Unique Self:** Draft your Personal Teaching Philosophy and embrace your individuality to create authentic learning experiences.
- **Immediate Application:** Equip yourself with actionable facilitation techniques and skills!

**COURSE HIGHLIGHTS**

- **Foundations of Facilitation:** Master essential principles.
- **Creating Engaging Experiences:** Deliver captivating lessons.
- **Building Rapport:** Foster supportive environments.
- **Handling Challenges:** Manage obstacles with confidence.
- **Elevating Impact:** Empower students to apply newfound resilience knowledge.

**3 Day Class**

**Mon-Friday**

**Time Zone Specific Hours (defer to course director)**



We look forward to  
meeting you soon!