Accompanied Spouses Guide

Develop America's Airmen Today ... for Tomorrow

Goals:

Network, Network, Network

Get involved – Make Friends!

SOS Accompanying Spouses Group

Spouses- Welcome To SOS!

Please Join…

Develop America's Airmen Today … for Tomorrow

"SOS Accompanying Spouses"

facebook

https://m.facebook.com/groups/2157339691247004?ref=bookmarks

What is SOS?

Develop America's Airmen Today ... for Tomorrow

- **6.5-week immersive leadership and education course for all USAF captains/captain equivalents**

- **<u>Mission of SOS</u>: Educate Air Force captains to <u>think</u>, <u>communicate</u>, <u>cooperate</u> and <u>lead</u> in the joint environment**

- **The only time in a career where 100% of an officer's peer group attends an in-residence Professional Military Education program**

SOS Organizational Structure

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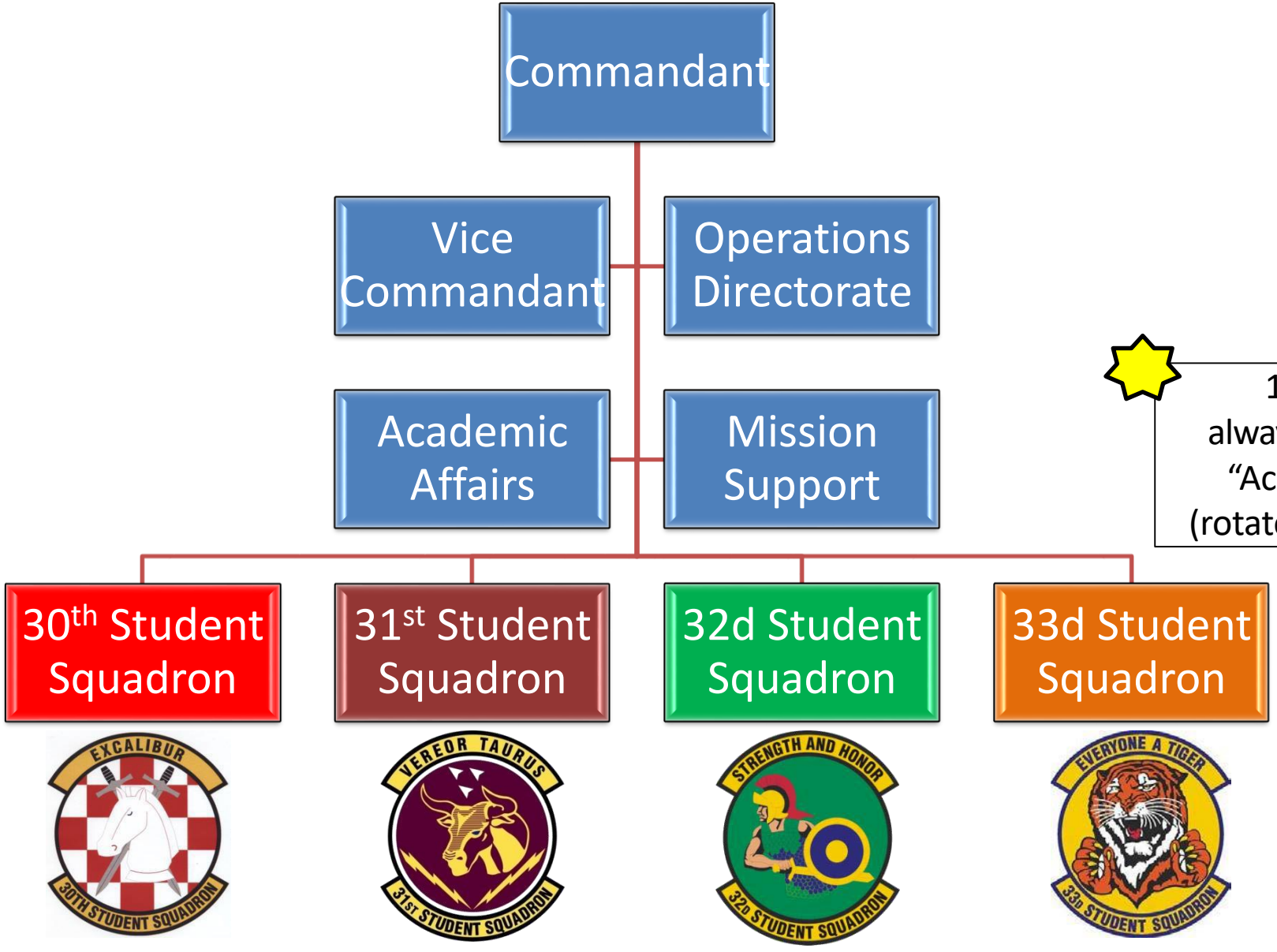

1 Squadron is always designated an "Accompanied Sq" (rotates each SOS class)

SOS Spouses' Legacy

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- **Spouses have been an integral part of SOS since 1950**

SOS Spouses Social Gathering-1959

- **You are welcome to attend Polifka lectures**
  - Inspirational, historical, educational
  - Senior Leaders, Medal of Honor recipients, & more!
  - No small children please (you can watch in a flight room)
- **Feel like a challenge?**
  - Complete the Commandant's Challenge 5K run
- **Want to volunteer?** Ask a Key Spouse via page
- **Other base activities and local info**
  - Check out 42FSS website: https://www.lifeatthemax.us/
  - Check out Montgomery's Visitor page: www.montgomeryal.gov
  - Birmingham & Mobile are a short drive away! www.informationbirmingham.com & www.cityofmobile.org

SOS Spouses At Field Events- 1959

What You Need To Do…

- **SPONSOR should contact Student Services**
  - SOS can't put you in accompanied squadron (Sq) if we don't know you're coming
  - SOS **will not** move your spouse after Day 1 of class
  - **NLT 14 days prior** to attending SOS contact Student Services at SOC.DPS@us.af.mil to request the accompanied Sq

- **Bringing kids and/or pets?** Off-base or FamCamp

- **TLF available if TDY-en-route (need orders)- Call lodging**
  - Once TLF is full….Only option is off-base or FamCamp
    - Ask about if you will get a Non-Availability Letter

- **Rules for lodging with family:**
  - No kids? – you **may** get a private billeting suite (if avail)
  - Children & pets NOT allowed in SOS dorms
  - Contact lodging for complete details and requests
  - SOS **cannot** recommend off-base lodging
  - You will be reimbursed the cost of gov't quarters ($70/day); you pay the difference out of pocket

If you have lodging questions…
Call Maxwell Lodging

334-953-2804 (comm)
493-2804 (DSN)

****IMPORTANT NOTICE****

SOS is **NOT** an accompanied TDY. Being in the accompanied SQ is a courtesy SOS extends to our students. Being in the accompanied SQ does **NOT** guarantee child care or lodging will be available. It is the **SPONSOR's** responsibility to coordinate special accommodations.

Big Events

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- **Nutshell Night* – 1st week of class!!! (specific day TBD)**
  - Icebreaker with other spouses!
  - Meet the Commandant & SQ/CC
  - Food & Beverages provided

- **Friday of Week 2*….. SOS Social!!!**
  - **Jousting**, Food, Beverages, FUN!

- **FLEX (Field Leadership Exercise)* – App. Day 14**
  - War planning game… w/ dodge balls
  - Support your flight!

  Juice boxes & orange slices always a popular hit (optional)

- **Spouses Project X* – App. Day 19 of class**
  - Spouses execute Project X
  - We promise challenging obstacles & FUN!

- **Commandant's Challenge 5K run – App. Day 29**

- **GRADUATION* – Day 32 of class**
  - Bring the Family!!

1st Friday - 1959

1st Friday - 2013

Spouses Project X - 2012

SOS Graduation- 1959

…PLUS Squadron Specific Events!!!

* = Kid friendly OR childcare location provided

Activities To Do…

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- **Playgrounds:** Freedom Park, 400 Maxwell BLvd East, Maxwell AFB
  Pirate Park, Fam Camp, 390 March Road, Maxwell AFB
  Kids Splash Pad, Intersection Of Spaatz St and Hodges Ave, Gunter Annex. Free
  Pratt Park, 460 Doster Road, Prattville
  Kids Kingdom at Village Green Park, 3199 Main St, Millbrook
  Gold Star Park, 295 Ready St, Wetumpka
  River Front Park (splash pad only), 355 Commerce St, Montgomery

- **Parks:** Wilderness Bamboo Forest, 800 Upper Kingston Road, Prattville
  Lanark Nature Center/Alabama Wildlife Federation, 2861 Lanark Road, Millbrook
  Jackson Lake Goat Island, Cypress Lane, Millbrook

- **Indoor Activities:** Digital Resource Center (Kids Library), 910 Schumacher Ave, MAFB
  Maxwell Bowling Alley, 45 Selfridge St, Maxwell AFB
  Gunter Bowling Alley, 816 North Butler Ave, Gunter Annex, Montgomery
  Maxwell Fitness Center Parents Room located in the Annex. 50 Ash St, MAFB
  Rock & Jump Trampoline Park, 5544 Atlanta Highway, Montgomery
  Launch Trampoline Park, 891 Boardroom Drive, Prattville
  Museum of Fine Arts Children's Room, 1 Museum Drive, Montgomery
  Newtopia Bounce House Fun Park, 3731 Malcolm Drive, Montgomery
  Gramma's Attic, Alabama Department of Archives, 624 Washington Ave, Mgm
  Armory Athletics & Gymnastics, 1018 Madison Ave, Montgomery

Activities To Do...

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- **Indoor Activities:** Gayle Planetarium, 1010 Forest Ave, Montgomery
  Mooseum, 201 South Bainbridge St., Montgomery

- **Additional Activities:** Montgomery Zoo, 2301 Coliseum Drive, Montgomery
  Old Alabama Town (free every first Saturday), 301 Columbus St, Montgomery

- **Babysitters:** Contact CDC at 334-953-6667. You can post a "Sitter Needed" note at the CDC.

- **Thrift Shop:** MGOSC Thrift Shop, 10 Webster Ave, Maxwell AFB. 334-953-6407 (Check the hours)

Activities To Do…

- **Seasonal Activities:**
  - Lake Martin Maxwell-Gunter Recreation Area, 350 Air Force Road, Dadeville
  - Montgomery Motor Sports Park, 2600 North Belt Drive, Montgomery
  - Montgomery Curb Farmers Market, 1004 Madison Ave, Montgomery
  - East Chase Farmers Market, 7274 Eastchase Parkway, Montgomery
  - Sweet Creek Farm Market, 85 Meriwether Road, Pike Road
  - Sugar Hill Farm (strawberry picking), 3358 County Road 59, Verbena
  - Peach Park, 2300 South 7th Street, Clanton
  - Barber Berry Farm (blueberry picking), 2362 Alabama River Parkway, Millbrook
  - Penton Farms (pumpkin patch), 3595 County Road 59, Verbena
  - Dream Field Farms (pumpkin patch), 6376 US-82, Fitzpatrick
  - Cornfield County Farms (pumpkin patch), 214 South Redland Road, Wetumpka
  - Oakview Farms, 164 Dewberry Trail, Wetumpka

Medical Care

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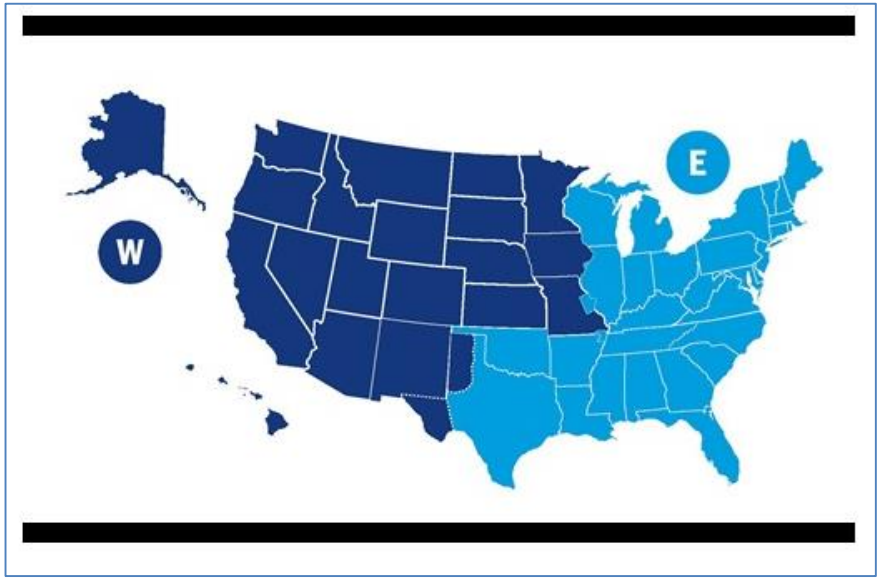
- **If TDY or PCS/Enroute from outside the TRICARE EAST region, not eligible for care at Maxwell Clinic**

- **Emergency Care (Life, Limb, Eyesight) is always covered**
  - Go to nearest Emergency Room

- **Urgent Care (downtown) is the best short term option**
  - # of visits now unlimited
  - Prior-PCM authorization for care NOT required

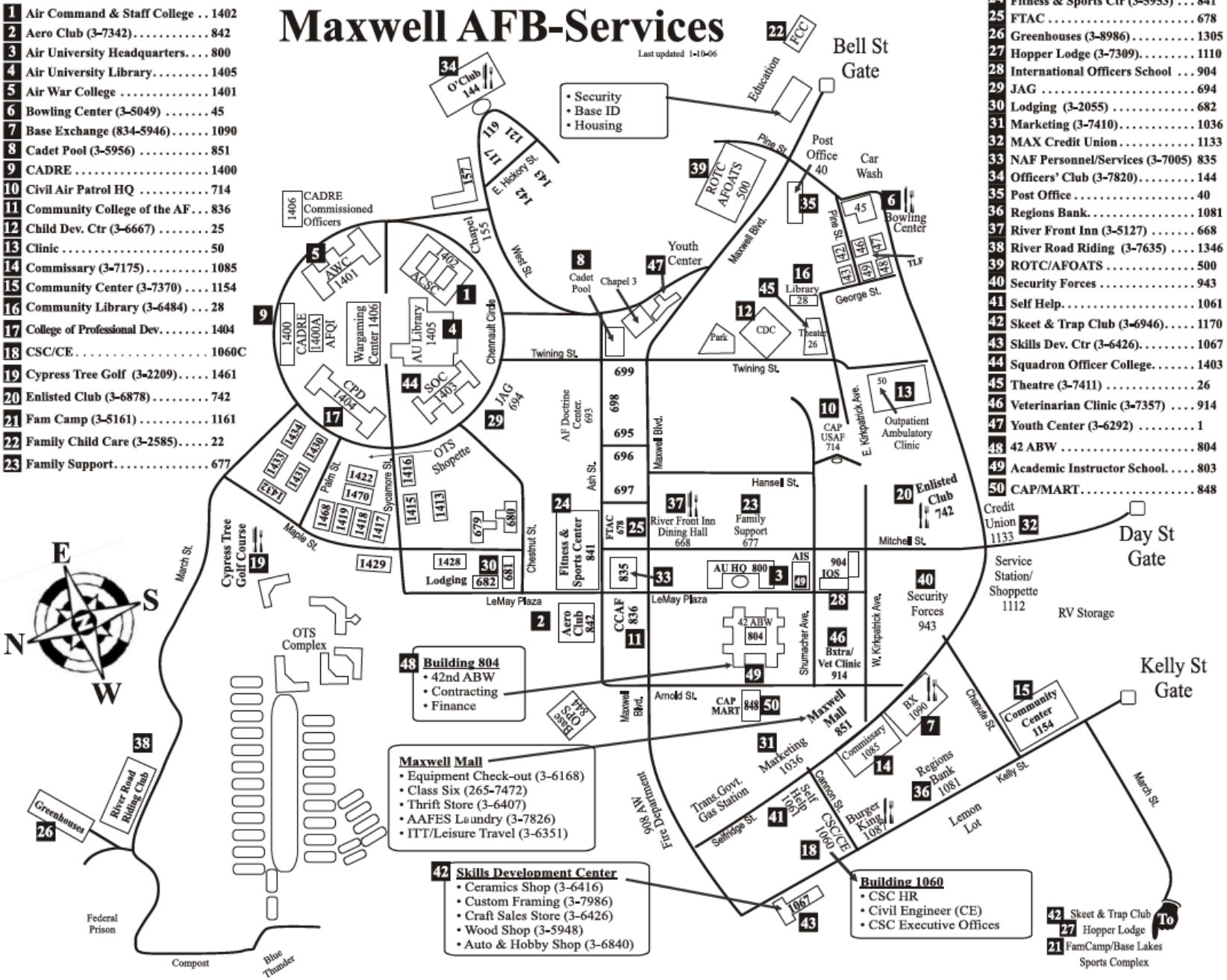
- **TRICARE EAST**
  - 1-800-444-5445

- **Nurse Advice Line**
  - 1-800-TRICARE (874-2273), Option 1
  - 24/7 Coverage



Maxwell AFB Base Map

1 Air Command & Staff College . . 1402
2 Aero Club (3-7342) 842
3 Air University Headquarters. . . . 800
4 Air University Library. 1405
5 Air War College 1401
6 Bowling Center (3-5049) 45
7 Base Exchange (834-5946) 1090
8 Cadet Pool (3-5956) 851
9 CADRE 1400
10 Civil Air Patrol HQ 714
11 Community College of the AF . . . 836
12 Child Dev. Ctr (3-6667) 25
13 Clinic 50
14 Commissary (3-7175) 1085
15 Community Center (3-7370) 1154
16 Community Library (3-6484) . . . 28
17 College of Professional Dev. 1404
18 CSC/CE 1060C
19 Cypress Tree Golf (3-2209) 1461
20 Enlisted Club (3-6878) 742
21 Fam Camp (3-5161) 1161
22 Family Child Care (3-2585) 22
23 Family Support 677



24 Fitness & Sports Ctr (3-5953) . . . 841
25 FTAC 678
26 Greenhouses (3-8986) 1305
27 Hopper Lodge (3-7309). 1110
28 International Officers School . . . 904
29 JAG 694
30 Lodging (3-2055) 682
31 Marketing (3-7410) 1036
32 MAX Credit Union 1133
33 NAF Personnel/Services (3-7005) 835
34 Officers' Club (3-7820) 144
35 Post Office 40
36 Regions Bank. 1081
37 River Front Inn (3-5127) 668
38 River Road Riding (3-7635) 1346
39 ROTC/AFOATS 500
40 Security Forces 943
41 Self Help. 1061
42 Skeet & Trap Club (3-6946) 1170
43 Skills Dev. Ctr (3-6426). 1067
44 Squadron Officer College. 1403
45 Theatre (3-7411) 26
46 Veterinarian Clinic (3-7357) 914
47 Youth Center (3-6292) 1
48 42 ABW 804
49 Academic Instructor School. 803
50 CAP/MART. 848

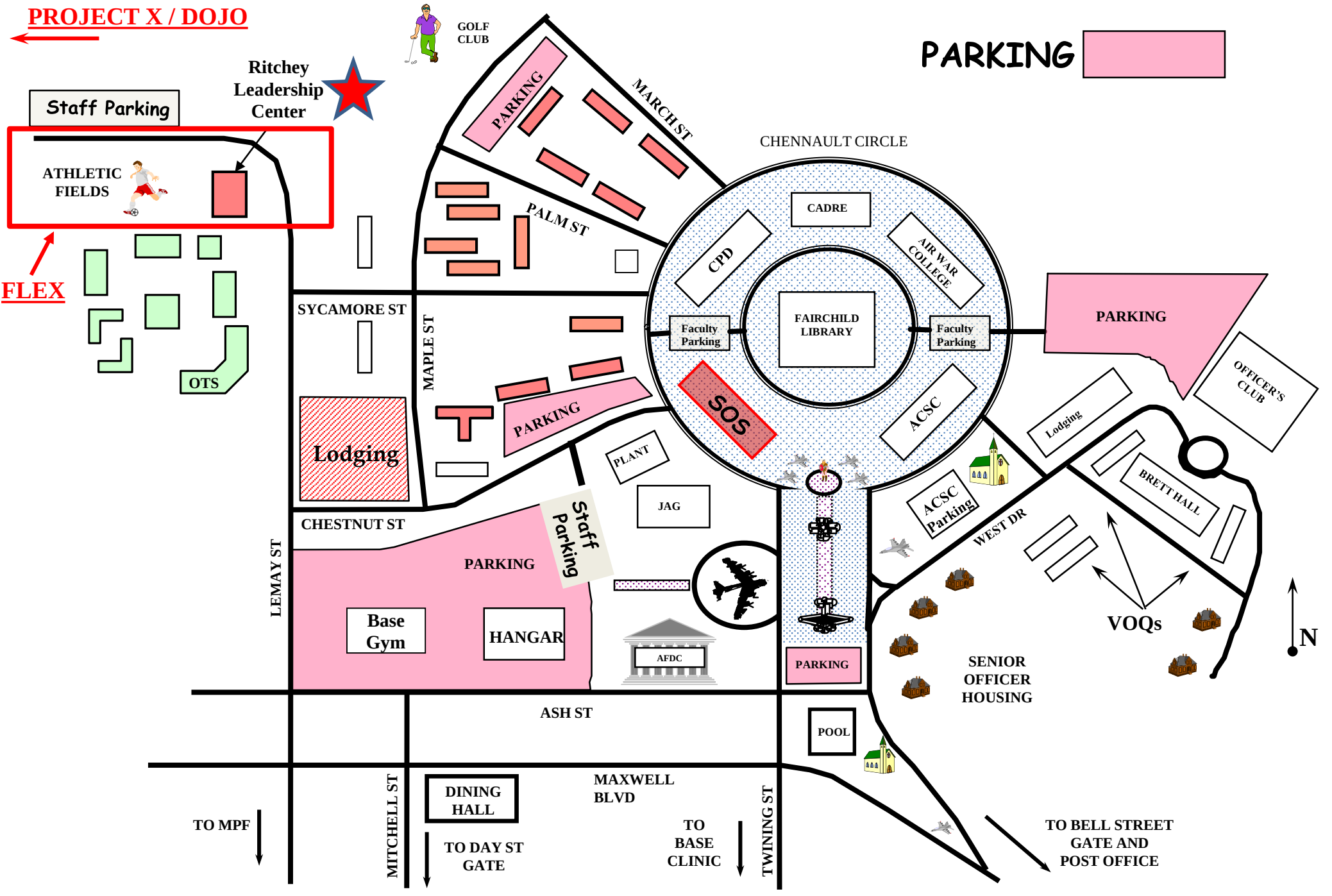
ONE Click Away!

Up-To-Date information regarding Services events, calendars, special events and much more!

42nd Services Division web site
www.services.maxwell.af.mil

Services Hotline 953-5461

ACADEMIC CIRCLE MAP



Evacuation Assembly Areas - Outdoors

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Active Shooter – RC radios SQ/CCs

If shooter is…..

Near—take cover wherever able

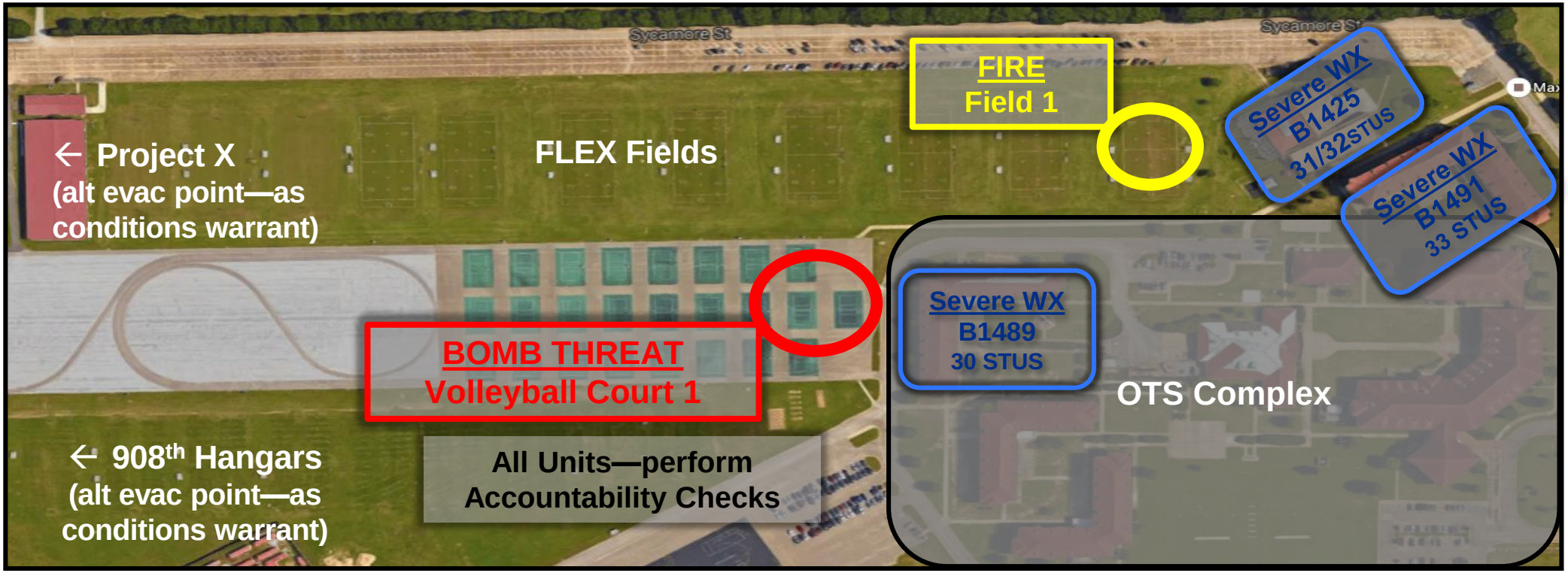
Not in vicinity—go to SOS dorms

Location unknown—go to SOS dorms

Shelter-In-Place (SIP) – RC radios SQ/CCs

Near—move crosswind/upwind of threat

Not in vicinity—recover to **Polifka**



Incident Plan – Indoors

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<u>Active Shooter</u> – "Lockdown" (x3) or AtHoc

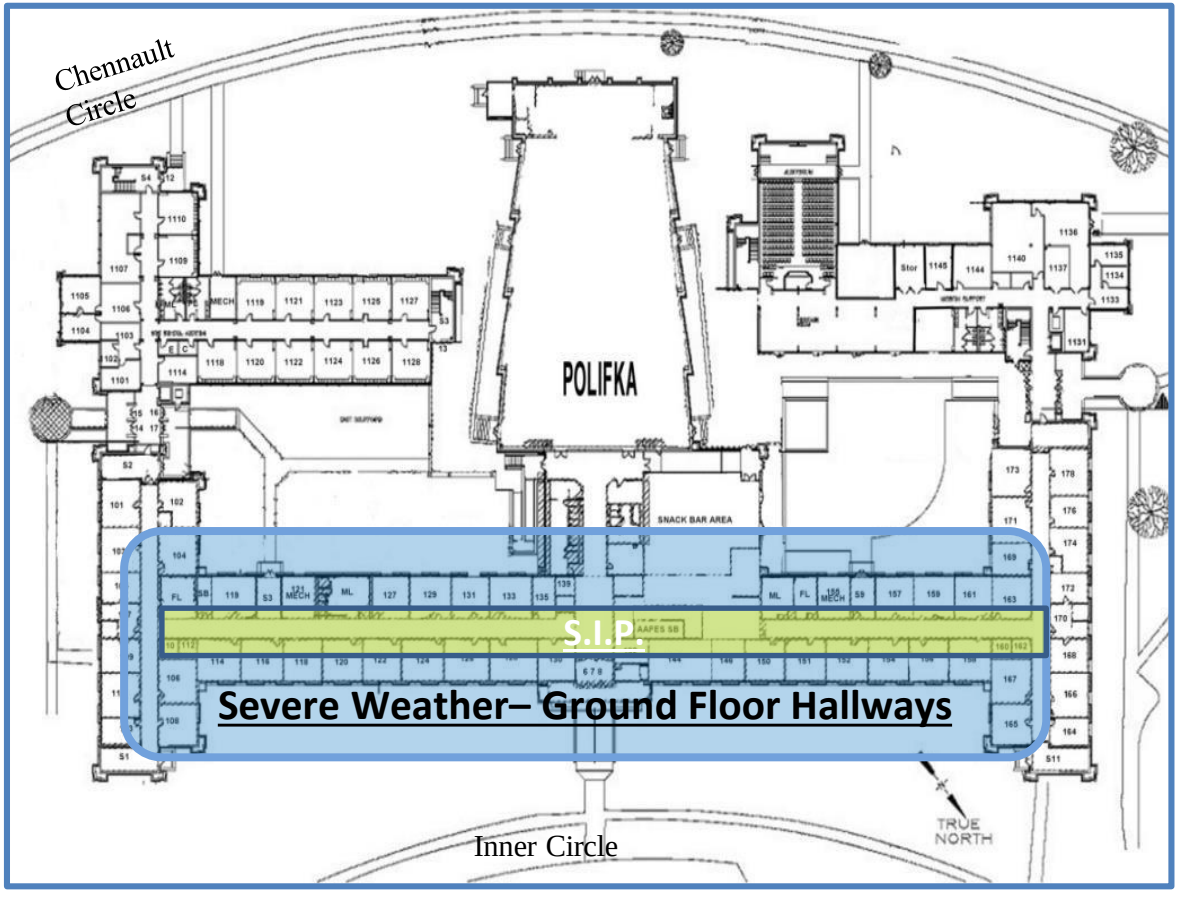
- Move to secure location
  - Secure door, limit noise/movement, lights off, close blinds
- **DON'T** pull fire alarm
- **DON'T** use phones unless you hear gunfire
- Get accountability
- Wait until "All Clear" given

<u>Shelter-In-Place (S.I.P.)</u>

- Your squadron **Hallway**
- Cover vents & doors w/ plastic & duct tape
- Place wet towels on door thresholds
- Perform accountability checks

<u>Severe Weather</u>

- **<u>Ground Floor</u>** Hallways



Maxwell AFB
Phone Numbers of Interest

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Airman & Family Readiness Center: 334-953-2353
Auto Shop: 334-953-6840
Maxwell Bowling Center: 334-953-5049
Child Development Center: 334-953-6667
Cypress Tree Golf: 334-953-2209
Digital Resource Center, mini kids library & free computers: 334-953-6484
Education: 334-953-5959
Fam Camp, including canoe & kayak rental: 334-953-5161
Family Child Care (CDC): 334-953-2585
Fitness & Sports Center: 334-953-5953
Hopper Lodge: 334-953-6168
Information, Tickets & Tours: 334-953-6351
Lodging Office: 334-953-2055
Maxwell Club: 334-953-7820
MPS: 334-953-6487
Rickenbackers Cafe with Starbucks: 51 Chestnut St, Bldg 680, Maxwell AFB
Outdoor Recreation & Equipment Checkout: 334-953-6144
Pool, outdoor seasonal: 334-953-5956
River Front Inn, dining facility, must be accompanied by AD member: 334-953-5127
Youth Center Programs: 334-953-6292
Military One Source Non-Medical Counseling: 1-800-342-9647

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- Since 1950