Accompanied Spouses Guide

Goals:
Network, Network, Network
Get involved – Make Friends!
Be APART of the experience

Welcome to SOS Spouses!

Develop air and space leaders primed to prevail in competitive environments
What is SOS?

• 5-week immersive leadership and education course for DAF Captains, international officers & DoD civilians

• Mission of SOS: Develop air and space leaders primed to prevail in competitive environments

• The only time in a career where 100% of an officer’s peer group attends an in-residence Professional Military Education program

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SOS Organization Chart

Commandant

Vice Commandant

Academic Affairs
Operations Directorate
Mission Support

30th Student Squadron
31st Student Squadron
32d Student Squadron
33d Student Squadron

1 Squadron is always designated an “Accompanied Sq” (rotates each SOS class)

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SOS Spouses Legacy

- Spouses have been an integral part of SOS since 1950
- You are welcome to attend Polifka lectures
  - Inspirational, historical, educational
  - Senior Leaders, Medal of Honor recipients, & more!
  - No small children please (you can watch in a flight room)
- Feel like a challenge?
  - Complete the Commandant’s Challenge 5K run
- Want to volunteer?
  - Ask a Key Spouse via the facebook page!
- Other base activities and local info
  - Check out 42FSS website: [https://www.lifeatthemax.us/](https://www.lifeatthemax.us/)
  - Check out Montgomery’s Visitor page: [www.montgomeryal.gov](http://www.montgomeryal.gov)
  - Birmingham & Mobile are a short drive away!
    [www.informationbirmingham.com](http://www.informationbirmingham.com) & [www.cityofmobile.org](http://www.cityofmobile.org)

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What You Need to Do..

- **SPONSOR** should contact Student Services
  - SOS can't put you in accompanied squadron (Sq) if we don't know you're coming
  - SOS **will not** move your spouse after Day 1 of class
  - **NLT 14 days prior** to attending SOS contact Student Services at sos.od.studentservices@us.af.mil to request the accompanied squadron.

- **Bringing kids and/or pets?**
  - Off-base or FamCamp
    - **Sponsors are required** to reserve their any off-base lodging or childcare accommodations.

- **Rules for lodging with family:**
  - No kids? – you **may** get a private billeting suite (if avail)
  - Children & pets **NOT** allowed in SOS dorms
  - Contact lodging for complete details and requests
  - SOS **cannot** recommend off-base lodging
  - You will be reimbursed the cost of gov't quarters ($89/day); you pay the **difference out of pocket**

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**IMPORTANT NOTICE**

SOS is **NOT** an accompanied TDY. Being in the accompanied SQ is a courtesy SOS extends to our students. Being in the accompanied SQ does **NOT** guarantee childcare or lodging will be available.

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Big Events

• Nutshell Night* – 1st week of class!!!
  • Icebreaker with other spouses!
  • Meet the Commandant & SQ/CC
  • Food & Beverages provided

• FLEX (Field Leadership Exercise)
  • War planning game… w/ dodge balls
  • Support your flight!
    Juice boxes & orange slices always popular
    hits! (optional)

• Spouses Project X*
  • Spouses execute Project X
  • We promise challenging obstacles & FUN!

• Commandant’s Challenge 5K run

• GRADUATION*
  • Bring the Family!!

* = Kid-friendly OR childcare location provided

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Activities To Do

• **Playgrounds:**
  - Freedom Park, 400 Maxwell Blvd East, Maxwell AFB
  - Pirate Park, Fam Camp, 390 March Road, Maxwell AFB
  - Kids Splash Pad, Intersection Of Spaatz St and Hodges Ave, Gunter Annex. Free
  - Pratt Park, 460 Doster Road, Prattville
  - Kids Kingdom at Village Green Park, 3199 Main St, Millbrook
  - Gold Star Park, 295 Ready St, Wetumpka
  - River Front Park (splash pad only), 355 Commerce St, Montgomery

• **Parks:**
  - Wilderness Bamboo Forest, 800 Upper Kingston Road, Prattville
  - Lanark Nature Center/Alabama Wildlife Federation, 2861 Lanark Road, Millbrook
  - Jackson Lake Goat Island, Cypress Lane, Millbrook

• **Indoor Activities:**
  - Digital Resource Center (Kids Library), 910 Schumacher Ave, MAFB
  - Maxwell Fitness Center Parents Room located in the Annex. 50 Ash St, MAFB
  - Rock & Jump Trampoline Park, 5544 Atlanta Highway, Montgomery
  - Launch Trampoline Park, 891 Boardroom Drive, Prattville
  - Museum of Fine Arts Children’s Room, 1 Museum Drive, Montgomery
  - Gramma’s Attic, Alabama Department of Archives, 624 Washington Ave, Montgomery
  - Armory Athletics & Gymnastics, 1018 Madison Ave, Montgomery

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Activities To Do

• Indoor Activities: Gayle Planetarium, 1010 Forest Ave, Montgomery
  Mooseum, 201 South Bainbridge St., Montgomery
  Newtopia, 3731 Malcolm Dr, Montgomery

• Additional Activities: Montgomery Zoo, 2301 Coliseum Drive, Montgomery
  Alabama Town, 301 Columbus St, Montgomery
  The Shoppes at East Chase, 7274 East Chase Pkwy, Montgomery

• Babysitters: Contact CDC at 334-953-6667. Post a “Sitter Needed” note at the CDC.

• Thrift Shop: MGOSC Thrift Shop, 10 Webster Ave, Maxwell AFB | 334-953-6407

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Seasonal Activities

- Montgomery Whitewater, 1100 Maxwell Blvd, Montgomery, AL 36104
- Lake Martin Maxwell-Gunter Recreation Area, 350 Air Force Road, Dadeville
- Montgomery Motor Sports Park, 2600 North Belt Drive, Montgomery
- Montgomery Curb Farmers Market, 1004 Madison Ave, Montgomery
- East Chase Farmers Market, 7274 Eastchase Parkway, Montgomery
- Sweet Creek Farm Market, 85 Meriwether Road, Pike Road
- Sugar Hill Farm (strawberry picking), 3358 County Road 59, Verbena
- Peach Park, 2300 South 7th Street, Clanton
- Barber Berry Farm (blueberry picking), 2362 Alabama River Parkway, Millbrook
- Penton Farms (pumpkin patch), 3595 County Road 59, Verbena
- Dream Field Farms (pumpkin patch), 6376 US-82, Fitzpatrick
- Cornfield County Farms (pumpkin patch), 214 South Redland Road, Wetumpka
- Oakview Farms, 164 Dewberry Trail, Wetumpka

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Medical Care

• If TDY or PCS/Enroute from outside the TRICARE EAST region, **not** eligible for care at Maxwell Clinic

• **Emergency Care** (Life, Limb, Eyesight) is always covered
  – Go to nearest Emergency Room

• **Urgent Care (downtown) is the best short term option**
  – # of visits now **unlimited**
  – Prior-PCM authorization for care **NOT required**

• **TRICARE EAST**
  – 1-800-444-5445

• **Nurse Advice Line**
  – 1-800-TRICARE (874-2273), Option 1
  – 24/7 Coverage

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Active Shooter – RC radios SQ/CCs
If shooter is.....
• Near—take cover wherever able
• Not in vicinity—go to SOS dorms
• Location unknown—go to SOS dorms

Shelter-In-Place (SIP) – RC radios SQ/CCs
• Near—move crosswind/upwind of threat
• Not in vicinity—recover to Polifka

Evacuation Assembly Areas
Outdoors

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Incident Plan – Indoors

• **Active Shooter** – “Lockdown” (x3) or AtHoc
  • Move to secure location
    • Secure door, limit noise/movement, lights off, close blinds
  • **DON’T** pull fire alarm
  • **DON’T** use phones unless you hear gunfire
  • Get accountability
  • Wait until “All Clear” given

• **Shelter-In-Place (S.I.P.)**
  • Your squadron **Hallway**
  • Cover vents & doors w/ plastic & duct tape
  • Place wet towels on door thresholds
  • Perform accountability checks

• **Severe Weather**
  • **Ground Floor** Hallways

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Maxwell AFB
Phone Numbers of Interest

- Airman & Family Readiness Center: 334-953-2353
  Auto Shop: 334-953-6840
  Child Development Center: 334-953-6667
  Digital Resource Center, mini kids library & free computers: 334-953-6484

- Education: 334-953-5959

- Fam Camp, including canoe & kayak rental: 334-953-5161
  Family Child Care (CDC): 334-953-2585
  Fitness & Sports Center: 334-953-5953
  Information, Tickets & Tours (ITT): 334-953-6351
  Lodging Office: 334-953-2055
  Maxwell Club: 334-953-7820

- MPS: 334-953-6487

- Outdoor Recreation & Equipment Checkout: 334-953-6144
  Pool, outdoor seasonal: 334-953-5956
  Range 42: 334-953-2209

- River Front Inn, dining facility, must be accompanied by AD member: 334-953-5127
  Youth Center Programs: 334-953-6292

- Military One Source Non-Medical Counseling: 1-800-342-9647

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Please Follow us on "Squadron Officer School"

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