Accompanied Spouses Guide





Welcome to SOS, Spouses!

Goals:

Network, Network, Network

Get involved – Make Friends!

Be <u>A PART</u> of the experience



What is SOS?



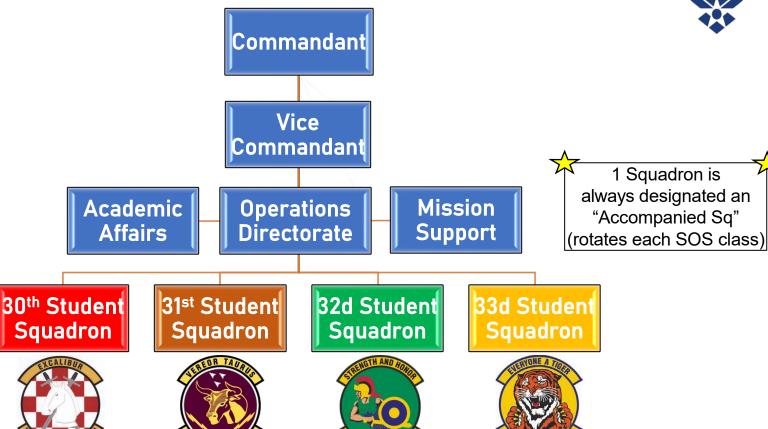
- 5-week immersive leadership and education course for DAF Captains, international officers & DoD civilians
- Mission of SOS: Develop air and space leaders primed to prevail in competitive environments

 The only time in a career where 100% of an officer's peer group attends an in-residence Professional Military Education program



SOS Organization Chart





SOS Spouses Legacy



- Spouses have been an integral part of SOS since 1950
- Want to volunteer?
 Ask a Key Spouse via the Facebook page!
- Other base activities and local info
 - Check out 42FSS website: https://www.lifeatthemax.us/
 - Check out Montgomery's Visitor page: <u>www.montgomeryal.gov</u>
 - Birmingham & Mobile are a short drive away!
 www.informationbirmingham.com & www.cityofmobile.org





SOS Spouses At Field Events-1959

What You Need to Do...

<u>SPONSOR</u> should contact Student Services

- SOS can't put you in accompanied squadron (Sq) if we don't know you're coming
- SOS <u>will not</u> move your spouse after Day 1 of class
- <u>NLT 14 days prior</u> to attending SOS contact Student Services at <u>sos.od.studentservices@us.af.mil</u> to request the accompanied squadron.

Bringing kids and/or pets?

- Off-base or FamCamp
 - Sponsors are required to reserve any off-base lodging or childcare accommodations.

Rules for lodging with family:

- No kids? you may get a private billeting suite (if avail)
- Children and/or pets NOT allowed in SOS dorms
- Contact lodging for complete details and requests
- SOS <u>cannot</u> recommend off-base lodging
- You will be reimbursed the cost of gov't quarters
- You pay the <u>difference out of pocket</u>



<u>University Inn</u> (334) 953-3931

Child Development Center (334) 953-6667

IMPORTANT NOTICE

SOS is **NOT** an accompanied TDY. Being in the accompanied SQ is a courtesy SOS extends to our students. Being in the accompanied SQ does **NOT** guarantee childcare or lodging will be available.

Big Events



Nutshell Night* – 1st week of class!!!

- Icebreaker with other spouses!
- Meet the Commandant & SQ/CC
- Food & Beverages provided

FLEX (Field Leadership Exercise)

- War planning game... w/ dodge balls
- Support your flight!
 Juice boxes & orange slices always popular hits! (optional)

Spouses Project X*

- Spouses execute Project X
- We promise challenging obstacles & FUN!

GRADUATION*

Bring the Family!!



Spouses Project X - 2022





* = Kid-friendly OR childcare location provided

Activities



Playgrounds: Freedom Park, 400 Maxwell Blvd East, Maxwell AFB

Pirate Park, Fam Camp, 390 March Road, Maxwell AFB

Kids Splash Pad, Intersection Of Spaatz St and Hodges Ave, Gunter Annex. Free

Pratt Park, 460 Doster Road, Prattville

Kids Kingdom at Village Green Park, 3199 Main St, Millbrook

Gold Star Park, 295 Ready St, Wetumpka

River Front Park (splash pad only), 355 Commerce St, Montgomery

Parks: Wilderness Bamboo Forest, 800 Upper Kingston Road, Prattville

Lanark Nature Center/Alabama Wildlife Federation, 2861 Lanark Road, Millbrook

Jackson Lake Goat Island, Cypress Lane, Millbrook

Indoor Activities: Digital Resource Center (Kids Library), 910 Schumacher Ave, MAFB

Maxwell Fitness Center Parents Room located in the Annex. 50 Ash St, MAFB

Rock & Jump Trampoline Park, 5544 Atlanta Highway, Montgomery

Launch Trampoline Park, 891 Boardroom Drive, Prattville

Museum of Fine Arts Children's Room, 1 Museum Drive, Montgomery

Gramma's Attic, Alabama Department of Archives, 624 Washington Ave, Montgomery

Armory Athletics & Gymnastics, 1018 Madison Ave, Montgomery

Activities



Indoor Activities: Gayle Planetarium, 1010 Forest Ave, Montgomery

The Mooseum, 201 South Bainbridge St., Montgomery

Newtopia, 3731 Malcolm Dr, Montgomery

Additional Activities: Montgomery Zoo, 2301 Coliseum Drive, Montgomery
 Alabama Town, 301 Columbus St, Montgomery
 The Shoppes at East Chase, 7274 East Chase Pkwy, Montgomery

- Babysitters: Contact CDC at 334-953-6667. Post a "Sitter Needed" note at the CDC.
- Thrift Shop: MGOSC Thrift Shop, 10 Webster Ave, Maxwell AFB | 334-953-6407

Seasonal Activities



Seasonal Activities:

- Montgomery Whitewater, 1100 Maxwell Blvd, Montgomery, AL 36104
- Lake Martin Maxwell-Gunter Recreation Area, 350 Air Force Road, Dadeville
- Montgomery Motor Sports Park, 2600 North Belt Drive, Montgomery
- Montgomery Curb Farmers Market, 1004 Madison Ave, Montgomery
- East Chase Farmers Market, 7274 Eastchase Parkway, Montgomery
- Sweet Creek Farm Market, 85 Meriwether Road, Pike Road
- Sugar Hill Farm (strawberry picking), 3358 County Road 59, Verbena
- Peach Park, 2300 South 7th Street, Clanton
- Barber Berry Farm (blueberry picking), 2362 Alabama River Parkway, Millbrook
- Penton Farms (pumpkin patch), 3595 County Road 59, Verbena
- Dream Field Farms (pumpkin patch), 6376 US-82, Fitzpatrick
- Cornfield County Farms (pumpkin patch), 214 South Redland Road, Wetumpka
- Oakview Farms, 164 Dewberry Trail, Wetumpka



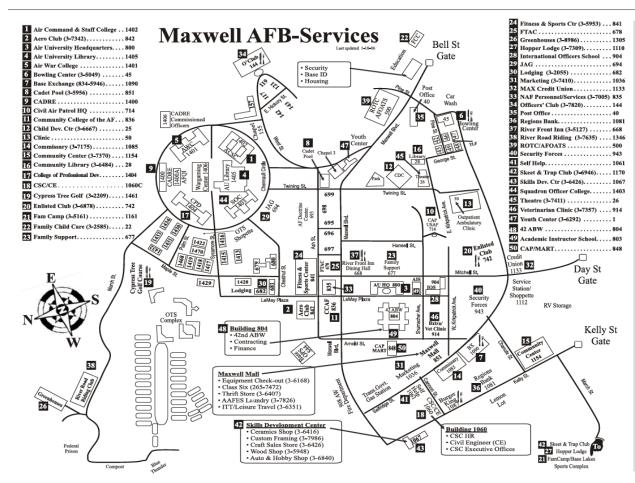
Medical Care

- If TDY or PCS/Enroute from outside the TRICARE EAST region, not eligible for care at Maxwell Clinic
- Emergency Care (Life, Limb, Eyesight) is always covered
 - Go to nearest Emergency Room
- Urgent Care (downtown) is the best short term option
 - # of visits now unlimited
 - Prior-PCM authorization for care NOT required
- TRICARE EAST
 - 1-800-444-5445
- Nurse Advice Line
 - 1-800-TRICARE (874-2273), Option 1
 - 24/7 Coverage



Maxwell AFB Base Map







ONE Click Away!

Up-To-Date information regarding Services events, calendars, special events and much more!

42nd Services Division web site www.services.maxwell.af.mil

Services Hotline 953-5461

Academic Circle Map PROJECT X / DOJO Club 42 **PARKING** Ritchey Leadership Staff Parking Center CHENNAULT CIRCLE **ATHLETIC FIELDS** PALMST CADRE **FLEX** SYCAMORE ST **PARKING** FAIRCHILD Faculty Faculty LIBRARY Parking MAPLE Parking Parking kc_ec PARKING Lodging ACSC Parking JAG **CHESTNUT ST PARKING** LEMAY **VOQs** Base HANGAR Gym AFDC **SENIOR** PARKING **OFFICER** HOUSING ASH ST POOL MAXWELL BLVD S DINING MITCHELL HALL TWINING TO MPF TO BELL STREET TO BASE **GATE AND** TO DAY ST CLINIC POST OFFICE GATE

Evacuation Assembly Areas Outdoors



<u>Active Shooter</u> – RC radios SQ/CCs If shooter is.....

- Near—take cover wherever able
- Not in vicinity—go to SOS dorms
- <u>Location unknown</u>—go to SOS dorms

Shelter-In-Place (SIP) – RC radios SQ/CCs

- <u>Near</u>—move crosswind/upwind of threat
- Not in vicinity—recover to Polifka

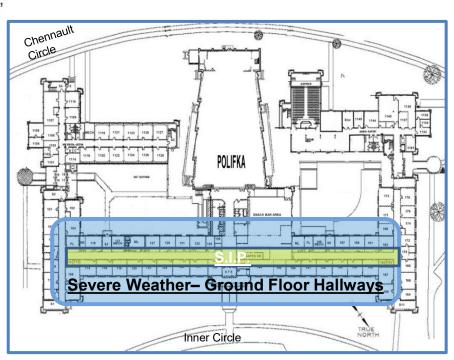


Develop air and space leaders primed to prevail in competitive environments

Incident Plan - Indoors



- Active Shooter "Lockdown" (x3) or AtHoc
- Move to secure location
 - Secure door, limit noise/movement, lights off, close blinds
- DON'T pull fire alarm
- DON'T use phones unless you hear gunfire
- Get accountability
- Wait until "All Clear" given
- Shelter-In-Place (S.I.P.)
- Your squadron Hallway
- Cover vents & doors w/ plastic & duct tape
- Place wet towels on door thresholds
- Perform accountability checks
- Severe Weather
- Ground Floor Hallways



Maxwell AFB Phone Numbers of Interest



Airman & Family Readiness Center: 334-953-2353

Auto Shop: 334-953-6840

Child Development Center: 334-953-6667

Digital Resource Center, mini kids' library & free computers: 334-953-6484

• Education: 334-953-5959

Fam Camp, including canoe & kayak rental: 334-953-5161

Family Child Care (CDC): 334-953-2585 Fitness & Sports Center: 334-953-5953

Information, Tickets & Tours (ITT): 334-953-6351

Lodging Office: 334-953-2055 Maxwell Club: 334-953-7820

MPS: 334-953-6487

Outdoor Recreation & Equipment Checkout: 334-953-6144

Pool, outdoor seasonal: 334-953-5956

Range 42: 334-953-2209

River Front Inn, dining facility, must be accompanied by AD member: 334-953-5127

Youth Center Programs: 334-953-6292

Military One Source Non-Medical Counseling: 1-800-342-9647

Please Follow us on



facebook

"Squadron Officer School"