

Air University eGPME Webinar Series: **Friday, 3 April 2020, 1330 CDT/1830Z**

Title: Managing Traumatic Transitions
Presenter: Dr. Antoinette Allen
Chief Storyteller, Two Cups of TLC, LLC.

Webinar Event Link: <https://eSchool.AdobeConnect.com/Webinar>

**Link works best on personal or mobile device with a commercial internet provider; local IT policies may prevent users from accessing Adobe Connect on the NIPR network.*

Webinar Schedule: <https://www.airuniversity.af.edu/eSchool/Webinars/>

Previous eGPME Webinars: <https://lms.au.af.edu/courses/17569/>

**This webinar will be posted for on-demand viewing later. You must have an AU eSchool Canvas account to access.*

Background/Information: The future workforce and its leaders are being shaped by this generation's traumatic events. The generations entering the modern workplace have experienced or seen a significantly higher amount of trauma than recent past generations due to the rise of violence, school shootings, natural disasters, opioid crisis, human trafficking and social media and now the pandemic. Leaders should be prepared to mentor, train, and inspire the workforce during these times.

This lecture will address:

- The nature of transitions versus change
- The impact trauma has on individuals
- The human need to grieve losses associated with organizational change
- Techniques for leaders to move forward and motivate others to do so

Transitions begin as 50% challenge and 50% opportunity; the way leaders handle the transition can tip the scales in either direction. Acknowledging that every transition begins with an ending and loss will provide you a new perspective to assist employees who are stuck or unwilling to embrace change. A feeling of loss may accompany every new technology, process or personnel change for some employees.

